

# Get Moving!

Sometimes you just have to move!  
Remember to practice writing your words.

- Cheer your words. Put claps and moves to the letters.
- Refrigerator Dash. Write your words on post-it notes and put them on the refrigerator. Have someone call out the word and run to get them. Time it!
- Use magnetic letters and write out your words. For more fun, use a timer and see how quickly you can do it.
- Clap it out. Clap out each letter, create new rhythms.
- Use clay to spell your words.
- Type your words out on a computer or an old typewriter.
- Jumping Jacks. Do jumping jacks and clap as you say each letter of your word.
- Use sand or shaving cream to trace your words.